



# Maroon Outdoor Education Centre

## *ESSENTIAL CLOTHING & EQUIPMENT LIST*

Please find a copy of the program for your school at: <http://www.maroonoec.eq.edu.au/forparents.htm>

1. **CLOTHING** - Shorts, shirts, long pants, warm jumper, underwear, pyjamas, swimming togs, (winter - beanie), many pairs of socks suitable for hiking (wool or sports type socks). Enough clothes for the entire duration of the programme. It is advised not to bring expensive clothing or shoes due to the nature of the activities undertaken. **Singlets and midriff tops are unsuitable for activities at Maroon OEC.**
2. **FOOTWEAR** - at least 2 pairs of sturdy shoes/joggers that cover the foot - one pair suitable for hiking, one **old pair** to be worn for all water based activities. Casual footwear may be worn during non-activity time at the Centre. Please note: covered footwear must be worn when doing kitchen duty.
3. **PROTECTION FROM THE SUN** – All students **must have** a suitable hat and blockout cream. An old long sleeved, collared shirt and eye protection is also desirable. **Singlets and midriff tops do not provide adequate protection from the sun.**
4. **RAINCOAT** - Knee length is essential. A hood/rain hat is desirable. (Please note that a good quality raincoat will ensure the required protection whilst on campout or hiking).
5. **BEDDING** - one pair of single sheets, pillow case and sleeping bag. The Centre provides 1 blanket and 1 pillow.
6. **INSECT REPELLENT** - Students are strongly advised to use insect repellent and/or wear a long sleeved shirt for protection against insect bites.
7. **TOILETRIES** - Towel, soap, toothpaste, toothbrush, washer, shampoo, personal prescribed medication, bandaids, insect repellent. **No aerosols.**
8. **WATER BOTTLE** - 2 x 2 litre water bottles (sturdy plastic soft drink bottles are suitable).
9. **SMALL TORCH** or **HEAD TORCH** and spare batteries.
10. **ADDITIONAL ITEMS FOR COOKOUT**
  - One plastic bowl and plate, one cup and one pot scrubber or steel wool, cutlery, tea towel.
  - Large plastic garbage bag for waterproofing.
11. **ADDITIONAL ITEMS FOR CAMPOUT**
  - One plastic bowl and plate, one cup and one pot scrubber or steel wool, cutlery, tea towel.
  - Sleeping bag (Good quality required in winter).
  - Large plastic garbage bags for waterproofing (minimum of 3).
  - Length of nylon cord or strong twine (2m, optional).
  - Gaiters or sock protectors (optional).
  - Thermal clothing (Optional – winter).

(Maroon OEC will supply camping equipment including: backpack; shelter; cooking stove and pots & sleeping mat)
12. **ITEMS NOT TO BE BROUGHT ON CAMP**
  - To enable the program to be optimally beneficial mobile telephones, electronic games and music devices are not permitted by students at Maroon OEC.
  - Cameras are allowable, except those contained within a mobile phone.
  - It is not advisable to bring expensive clothing or foot wear because of the nature of the activities undertaken.
  - Aerosols and spray deodorants are not to be brought on camp. These are prone to trigger the Maroon OEC Fire Alarm system.
  - Students have no need to bring money to Maroon OEC as there is no shop.
  - Due to the harmful effects that gum can have on wildlife, students are not to bring chewing gum to Maroon OEC.
  - Students are not to bring sharp knives or cutting implements to Maroon OEC. These will be issued to students when preparing meals.
  - It is a requirement that jewellery be removed as a matter of safety for a number of activities conducted during most programmes. If jewellery is unable to be removed or suitably taped, the student will not be able to participate.
  - Singlets and midriff tops are unsuitable for outdoor activities.