

Griffith University Occupational Therapy Students at Cavendish Road State High School

## 376 STUDENTS ENROLLED IN THE YEAR 7 PROGRAM

A survey was created and distributed to identify occupational issues faced throughout the primary to secondary schooling transition

228 STUDENTS RESPONDED TO THE SURVEY







TWO ASPECTS OF THE STUDENTS'
SCHOOLING WERE FOUND TO BE MOST
COMMONLY AFFECTED.
THESE WERE:

Socialising with peers (33%)

Learning (27%)

112 STUDENTS IDENTIFIED MISSING OLD FRIENDS AS THEIR BIGGEST BARRIER

159 STUDENTS IDENTIFIED THE INCREASE IN HOMEWORK AS THEIR BIGGEST BARRIER

Associated feelings the students expressed as a result of these common challenges, were:

- -Stressed=20%
- -Challenged=11%
- -Nervous=7%





AS IT WAS MOST COMMONLY EXPRESSED, AN INTERVENTION WAS CREATED TO ADDRESS THE INCREASE IN HOMEWORK

## This involved:

- -An informative video that explained the importance of a study planner and how to use it to time manage effectively -Hands on activities that allowed the students to practice
- -Hands on activities that allowed the students to practice using their study planners, to become more organised and manage their time

## OTHER RECOMENDATIONS:

- -Extended Year 7 orientation
- -Team building and ice breaker activities for orientation day
- 'You can't ask that' (re-connect day)
- -Homework planner for Year 7 teachers

