

FOODBANK HUNGER REPORT 2020

FOOD INSECURITY IN THE TIME OF

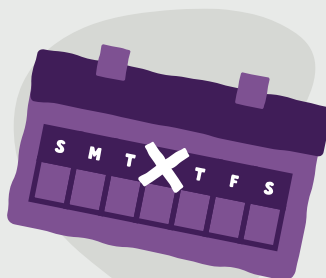
COVID-19

COVID-19 HAS INCREASED THE DEMAND FOR FOOD RELIEF IN AUSTRALIA

Food insecure Australians are seeking assistance from charities more frequently. Those seeking food relief at least once a week have doubled.

2019 15%

2020 31%

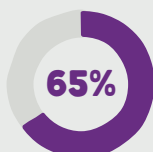


Those Australians who were struggling for food before COVID-19, are going hungry even more often now. 43% are going a whole day a week without eating.

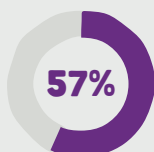


YOUNG PEOPLE ARE BEING HARDEST HIT BY THE IMPACT OF COVID-19

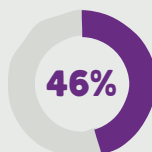
PROPORTION OF
FOOD INSECURE
AUSTRALIANS IN
EACH GENERATION
THAT ARE UNABLE
TO AFFORD ENOUGH
FOOD AT LEAST
ONCE A WEEK



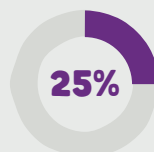
Gen Z
aged 18-25



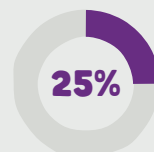
Gen Y
aged 26-40



Gen X
aged 41-54



Baby Boomers
aged 55-74



Builders
aged 75+

**THREE IN TEN AUSTRALIANS
NOW EXPERIENCING FOOD
INSECURITY HAD NOT GONE
HUNGRY BEFORE THE PANDEMIC**



**CHARITIES HAVE SEEN TWO NEW
FOOD INSECURE GROUPS EMERGING
AS A RESULT OF THE PANDEMIC**

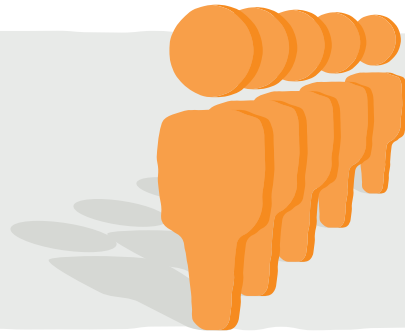


The casual workforce

International students



CHARITIES ARE SEEING DEMAND FOR FOOD RELIEF BECOME ERRATIC AND UNPREDICTABLE, BUT OVERALL NUMBERS ARE UP BY AN AVERAGE OF 47%



FOOD RELIEF IS EVEN MORE CRUCIAL IN TIMES OF CRISIS



61% OF FOOD INSECURE AUSTRALIANS HAVE ACCESSED FOOD RELIEF SINCE COVID-19 WAS DECLARED A GLOBAL PANDEMIC

TOP 3 BENEFITS OF RECEIVING FOOD RELIEF



TOP 3 BARRIERS TO SEEKING FOOD RELIEF FROM A CHARITY



GOVERNMENT ASSISTANCE IS PROVIDING TEMPORARY RELIEF

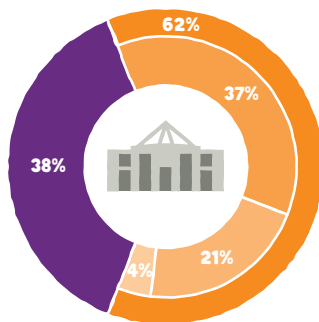
Of those who are in need of government assistance:



38% suggest government assistance has helped their situation



62% are not receiving the assistance they need (37% needed additional assistance, 21% were ineligible, 4% found it too difficult)



ALMOST 35% OF FOOD INSECURE AUSTRALIANS DON'T KNOW HOW THEY WILL COPE OR EXPECT THEY WON'T COPE AT ALL WHEN THE ADDITIONAL GOVERNMENT SUPPORT IS WITHDRAWN



FOODBANK IS THE LEADING PROVIDER OF VITAL FOOD AND GROCERIES TO FOOD RELIEF CHARITIES AROUND AUSTRALIA

METHODOLOGY

Data for this infographic has been sourced from:

- Survey of 1,001 Australians who experienced food insecurity in the last 12 months. In field June/July 2020.
- Nine phone interviews conducted with charity representatives and Australians experiencing food insecurity in August 2020.
- Five pulse surveys conducted amongst charities registered with Foodbank (averaging 500 respondents per survey) conducted monthly between April and September 2020.

Research and infographic design by:

mccrindle

mccrindle.com.au