



CAVENDISH ROAD State High School

CANTEEN

Term 4 2020 & Term 1 2021

Breakfast daily from 8.00am

Bacon and Egg Muffin	\$4.00
Toasted Ham & Cheese	\$4.00
Toasted Chicken & Cheese	\$4.00
1" Thick Raisin Toast	\$1.00
Avocado Feta Smash 1" Toast (made to order only)	\$3.00
Yoghurt & Granola (Low Fat)	\$4.00

Hot Beverages \$3.00

Hot Chocolate
Coffee – Cappuccino, Mocha, Black, Flat White
Tea



Selection of Hot Food Available for Order and Self-Serve

All meals are made on School Premises (may contain traces of nuts)

Every Day Hot Meals

Beef Enchiladas with salsa & cheese	\$5.00
Cheeseburger (lettuce, tomato, grilled onions & low fat cheese)	\$4.00
Cheesy Garlic Bread	\$3.00

Garlic Bombs \$1.50

Koolskool Beef Pie 170gr \$3.50

Koolskool Sausage Roll 110gr \$3.00

Koolskool Cottage Pie 220gr \$4.00

Halal Sausage Rolls & Pies (Available for pre-orders only) \$3-4

Sauces Tomato, BBQ, Soy or Thai Sweet Chilli \$0.30

Toasties

(Gluten Free Bread & Wraps available only when pre-ordering)

Toasted Chicken, Cheese and Avocado (H) \$5.00
Toasted turkish

Intessar's Famous BLT \$5.00
Lean Bacon, Tomato & Cos lettuce on 1 inch thick toast

Toasted Chicken & Cheese Sandwich (H) wholemeal \$4.00

Toasted Ham & Cheese Sandwich wholemeal \$4.00

****NEW** Baguettes** – sourdough rolls
Chicken, Chive, Mayo with cos lettuce \$5.00

Roast Beef \$5.00
Lean Beef, Tomato & Cheese, Mustard, Tomato relish & mesclun lettuce

Turkey, Cranberry, Avocado & lettuce \$5.00

Tuna, Mayo, Red onion & Cos lettuce \$5.00

Pesto, Chicken, Feta Cheese & lettuce \$5.00

Daily Specials

Monday

Devil Chicken Burger \$5.00
toasted turkish bun with spicy chicken, lettuce, tomato & peri mayo

Butter Chicken (H) \$5.00
steamed basmati rice & mini naan bread

Tuesday

Chicken Parmy Burger \$5.00
toasted turkish bun with Flamed Grilled Chicken, lettuce, multi tomato sauce & low fat cheese

****NEW**** Steak Sandwich \$6.00
Sizzle steak, lettuce, tomato, BBQ Sauce, Mayo on 1 inch thick toast

Tandoori Chicken Wrap (H) \$5.00
Kebab Bread with Tandoori chicken, fresh mixed salad & Greek yoghurt

Wednesday

Pizza \$4.00
Made in house - Ham & Pineapple, BBQ Chicken (H) & Meat lovers

Meatball Sub \$5.00
Meatballs tossed in our own tomato salsa with low fat shredded cheese on a bun

Chicken Noodle Stirfry & Vegetables \$5.00

Thursday

Chilli Chicken Wrap \$5.00
Flat Bread with chicken tenders, mixed salad with sweet chilli mayo

BBQ Pork Rib Sub (Thurs. & Fri.) \$5.00
Pork Riblet on a bun with BBQ sauce.

Satay Chicken & Rice (Thurs. & Fri.) \$5.00
Diced chicken breast meat with satay sauce & steamed basmati rice

Warm Basil Pesto Pasta (H) (Thurs. & Fri.) \$5.00
Lean diced chicken breast with basil pesto, cream, parmy cheese & penne pasta

****NEW**** Hawaiian Meatballs & Rice \$5.00
Meatballs, pineapple, red capsicum in bbq sauce on a bed of basmati rice

Friday

BBQ Beef Burger \$5.00
toasted turkish bun with BBQ Beef Patty, grilled onions, lettuce, tomato, beetroot & BBQ sauce

Southern Chicken Wrap \$5.00
Kebab Bread with Spicy chicken strips, fresh mixed salad with peri peri mayo sauce



Open Mon –Fri
from 8.00am



PRE-ORDERS
Teachers and Staff – Ring Ext 723 by 10am
Students - Order at Canteen from 8.00am



Cavendish Road State
High School
Canteen Menu

Milk Selection

Plain Milk – 500ml \$2.50

Small Flvd Milk 300ml \$2.00
Chocolate & Strawberry

Large Flvd Milk 500ml \$3.00
Chocolate & Strawberry

Vitasoy Whole Soy Milk 500ml \$3.50
Vanilla Chai, Almond Chocolate

Nippy's Milk Range 375ml \$3.00

Juices and Waters

Nu Water 1.5lt \$3.00

Emma & Tom's Water 600ml \$2.00

Emma & Tom's Lightly Sparkling Water 500ml \$2.50

Emma & Tom's Juice 250ml \$2.50
100% Juice Orange, Cloudy Apple & Karma

Treats

Muffins 60gr Made in house \$1.50
(Chocolate Banana, Apple Cinnamon & Blueberry)

Priestley's Banana Bread - Dairy free \$3.00

Quelch Frozen Fruit Juice Ice Block \$0.50

Paddle Pop Ice Block – Chocolate & Rainbow \$2.00

Lemonade Icy Twists \$1.50

Bulla Frozen Yoghurt - Mango & Raspberry \$2.00

Bulla Light Ice-cream Vanilla \$2.00

Calippo - Raspberry Pineapple \$1.00

Twisted Frozen Yoghurts GF \$3.00

Vanilla Bean & Strawberries, Vanilla Bean & Chocolate,
Mangoes & Watermelon, Blueberries & Cookie

Frozen Watermelon / Grapes \$2.00

Fresh & Delicious Gourmet Sandwiches and Salads

Salads & Cold Cabinet

Range of Salads \$5.00
Caesar, Protein Plus, Burrito, Greek, Green Bean Salad

Pesto Chicken Pasta Salad (H) \$5.00

Sushi \$3.50
Teriyaki Chicken, Salmon & Avocado, Tuna & Mayo

Fruit Salad & Yoghurt \$4.00
Selection of Seasonal Fruits & Berries & Yoghurt

Watermelon Cup \$3.00

Low Fat Greek Yoghurt \$4.00
With Granola & Fruit purees – Passionfruit, Mango or Raspberry

****NEW**** Chia Pots with fruit couli \$4.00

Whole Fruit Apples, Bananas, Oranges \$1.50

****NEW**** Apricot Bliss Balls 3 pkt \$1.50
Apricots, Rolled oats, Chia seeds & Coconut

Dried Fruit Pack Apricots, Apples, Cranberries,
Banana Chips & Sultanas \$2.00

VOLUNTEERS ALWAYS WELCOME
PHONE ROBERTA O'MALLEY or
MADONNA JARDINE

3394 0723 or email canteen.cavrd@gmail.com

Prices are subject to change without notification.

Student ID card using MSA can now be used to purchase canteen items with no minimum spend.

This needs to be set up as a different account to your school printing MSA account.

Wraps

Chicken & Salad (H) \$5.00
Tortilla wrap with chicken breast, fresh mixed salad, tomato, cheese & mayo

Vegan Salad (only on pre-order) \$5.00
Tortilla wrap, mixed lettuce, grated carrot, beetroot, tomato, avocado & cucumber

Leg Ham & Salad \$5.00
Tortilla wrap with ham, fresh mixed salad, tomato, cheese & mayo

Chicken Caesar Salad \$5.00
Tortilla wrap with roast chicken, cos lettuce, egg, bacon, croutons, parmesan & caesar dressing

Sandwiches

(All Sandwiches made on Wholemeal Bread)

Ham, Cheese & Tomato \$4.00

Chicken, Chive & Mayo (H) \$4.00

Egg & Lettuce \$4.00

Turkey, Cranberry & Avocado \$4.00

Roast Beef, Cheese, Tomato & Chutney \$4.00

