

### COURSE DETAILS

For young women aged 15-18 years.

Delivered over two sessions:

Thursday 1st and Friday 2nd of July 2021.

From Lillians Place, Carina.

To book:

<https://www.trybooking.com/BSAQJ>

If you'd any further information, please

contact us via email at:

[crlilliansplace@gmail.com](mailto:crlilliansplace@gmail.com) or

[eslilliansplace@gmail.com](mailto:eslilliansplace@gmail.com)



# Beyond Beauty

Empowering young women to navigate  
modern social issues



Cost - \$150 pp

Includes:

Resource Folder

Water Bottle

Pen

Tote Bag

Lunch each day

Graduation



**HOLIDAY WORKSHOP TIMETABLE Thursday 1<sup>st</sup> and Friday 2<sup>nd</sup> of July, 10:00am-3:00pm**

**Session 1**

Time	Topic	Presenter
10.00am	<b>Welcome!</b>	Carolyn/Elouise
10.10am	<b>What Makes You Click?</b> Exploring Personality Types	Jude
11.10am	<b>Dream, Believe, Achieve</b> Setting Realistic Goals	Tish
12.10pm	<b>Strength of the Sisterhood</b> Finding Your Tribe	Clare/Lou
1.10pm	<b>LUNCH</b>	
1.45pm -2.45pm	<b>Who Needs to Follow The Crowd?</b> Embracing Your Own Style	Sally
2.45pm	<b>Reflect and Prepare...</b>	Carolyn/Elouise
3pm	<b>End of Day One</b>	

**Session 2**

Time	Topic	Presenter
10.00am	<b>Welcome!</b>	Carolyn/Elouise
10.10am	<b>Knowing Your Worth and Valuing Your Image</b> Social Media Pitfalls	Cassandra/Brooke
11.10am	<b>Exploring Respect and Red Flags</b> Healthy Relationship Goals.	Carolyn
12.10pm	<b>Stress Busting Strategies</b> Coping with Everyday Life.	Sonia
1.10pm	<b>LUNCH</b>	
1.30pm	<b>Graduation Preparation and Rehearsal</b>	Sally
2.30pm	<b>Graduation Presentation</b>	Beyond Beauty Team
3pm	<b>End of Day Two</b>	